



Reflections

on Lake Willoughby 2007

We would like to extend a warm hello to our loyal friends and guests of the Inn. The much-anticipated spring, summer, and fall seasons are on our doorstep and we've been busy making improvements at the Inn which we're certain will make your next stay with us even more memorable and relaxing.



We've added another canoe to our fleet so that you may tour Lake Willoughby with our compliments. By late May all of the guest rooms and cottages will have DVD players and we've enhanced our DVD rental collection. Views from the Angler and Birches cottages are enhanced with new windows.

Our biggest news is the addition of four new lakeview cottages, located on the hill behind the Main Inn. You'll love the spectacular waterscape and vistas of Mt. Pisgah and Mt. Hor. The names Conley, Twilight, Songadeewin, and Peregrine, carefully chosen by Inn owner David

Gameroff, do homage to the rich local history of the Lake Willoughby area and capture the spirit of the lake's traditions and bygone days.

A quick glance inside any of these cottages will convince you that you've chosen the right get-away again. You'll be able to soak in the dramatic views of the lake as you relax on your deck or enjoy a cozy fire in the living room. The master bedroom features a queen size bed and an oversized Jacuzzi while the guest bedroom is furnished with single beds. A fully equipped kitchen will entice you to linger over breakfast coffee or share dinner with family and friends at the dining room table. A washer, dryer, central air conditioning and a flat screen television add to the amenities to make your stay here relaxed and pleasant.

Inside the Main Inn, guests will be treated to a delicious selection of menu offerings as you dine in a leisurely setting overlooking Lake Willoughby, as our restaurant is now only open to the public for limited reservations.

We are looking forward to welcoming you back to enjoy this slice of heaven we call the WilloughVale Inn. We'll save a seat on the front porch for you!



WilloughVale.com

800-594-9102

Featured Package FREE RIDE HOME PACKAGE

Enjoy a relaxing getaway to the Willoughvale Inn and take advantage of our beautiful and pristine North Country activities and scenery.

This package includes two or more nights, continental breakfast daily and we'll give you one \$50 gas card for your free ride home! For reservations November 1 - May 1, 2008. Call 1-800-594-9102



Northeast Kingdom Trails



Looking for an unforgettable outdoor experience right here in our own greater Lake Willoughby backyard? Come discover the natural

splendor of the Kingdom Trails.

Established in 1994, the Kingdom Trails is an extensive network of natural meandering trails traversing over 100 miles of spectacular terrain. With permission from over 42 landowners and businesses, hikers, bikers, walkers, sightseers, snowshoers and skiers of all abilities are welcome to enjoy these amazing trails for a small fee of \$5.00.

Panoramic views from the 1,200-foot ridge known as Bemis (or Darling) Hill feature vistas of the 3,267 foot Burke Mountain on one side and the twin humps of our beloved Lake Willoughby's Mounts Pisgah and Hor on the other. Or you may choose to enjoy the pastoral landscape of the Philanthropist Elmer Darling's 9,000 acre, turn-of-the-century estate.

During the winter, Kingdom Trails operates cross country skiing centers at the Darling Hill Nordic Center and the Burke Cross-Country Center. You can visit the Welcome Center located in the Bailey's and Burke General Store to find out more information. Mountain bike rentals are available from East Burke Sports (802-626-3215) and trail maps can be obtained at various locations including East Burke Sports or check out www.kingdomtrails.org for more information on trail descriptions, parking, dog etiquette and sponsorships.



Dining at the Inn



A sampling of our summer menu

Appetizers

Spanish Artichoke & Spinach Dip
Baked artichoke hearts, spinach, garlic, Parmesan cheese and herb toasted crostini.

Entrees

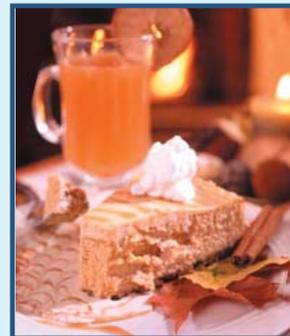
Gorgonzola Crusted Filet Mignon
Grilled 8oz Black Angus filet topped with Gorgonzola cheese and herbs, port wine reduction, baked potato and fresh seasonal vegetables.

Atlantic Salmon Filet

Pan seared salmon filet with a lemon, rosemary and parsley crust, lemon basil butter, rice pilaf and fresh seasonal vegetables.

Vermont Cheddar Chicken

Pan-roasted marinated chicken breast, Vermont Sharp Cheddar and apple stuffing, cider reduction, rice pilaf and fresh seasonal vegetables.



Desserts

Ice Cream
Hot Fudge Sundae
Cheesecake
Pie of the Day

Children's size meals for those 12 years and under!



Loons on the Lake

Loons have long been considered beautiful and special, symbolizing wilderness and solitude. Their distinctive calls have echoed across lakes and wilds since the beginning of time earning them the rightful title as “spirits of the wilderness.”

In summer, the common loon is very striking with its black and white checkered back, glossy black head, white belly and wing lining and its characteristic white striped necklace etched around its throat. Its eccentric red eyes will let you know that you’ve spotted the elusive bird. The present form of the loon dates back 10 million years. A loon is the size of a large duck, which it resembles when swimming, but they are completely unrelated to waterfowl. Loons have legs that are positioned so far back on their body that they need as much as a quarter mile of a water runway to take off.

Ten years ago, observing a loon on any lake in Vermont was a treat, even in the Northeast Kingdom. Lake Willoughby has become a major resting, feeding, and socializing location for both visiting breeding and floater loons (non-breeders). Territorial behavior has been seen on Willoughby, so we’ll see if they ever attempt to nest. If you observe consistent pair activity in one region of the lake or ever see a loon sitting on shore, the Vermont Loon Recovery Project (VLRP) has requested to be called right away, (802) 586-8064.

The loon is a highly sensitive species, and management and education efforts will have to continue given that development and recreation pressures are increasing. On Lake

Willoughby, most of the likely nesting locations on marshy shorelines in wind-protected bays have camps on them. However, loons can sneak in nests in unlikely locations. Lead fishing gear and the taking of live bait and lures has caused the death of more than half of the 44 adult loons found dead in Vermont since 1989. A new Vermont law went into effect banning the use of lead sinkers ½ ounce or less beginning in 2007.

Concern for the loons dates back before 1978, when the Vermont Institute for Natural Science (VINS) began a management program called Vermont Loon Recovery Program. In 1983, the loon population plummeted to eight nesting pairs and the State of Vermont added the common loon to the endangered species list in 1987. After more than 25 years of Common Loon conservation and education, the Common Loon was removed from the Vermont Endangered and Threatened Species list. The status of Vermont’s Common Loon population continued to improve in 2006, boasting a population of 58 nesting pairs.



Explore Vermont’s V.A.S.T Wilderness

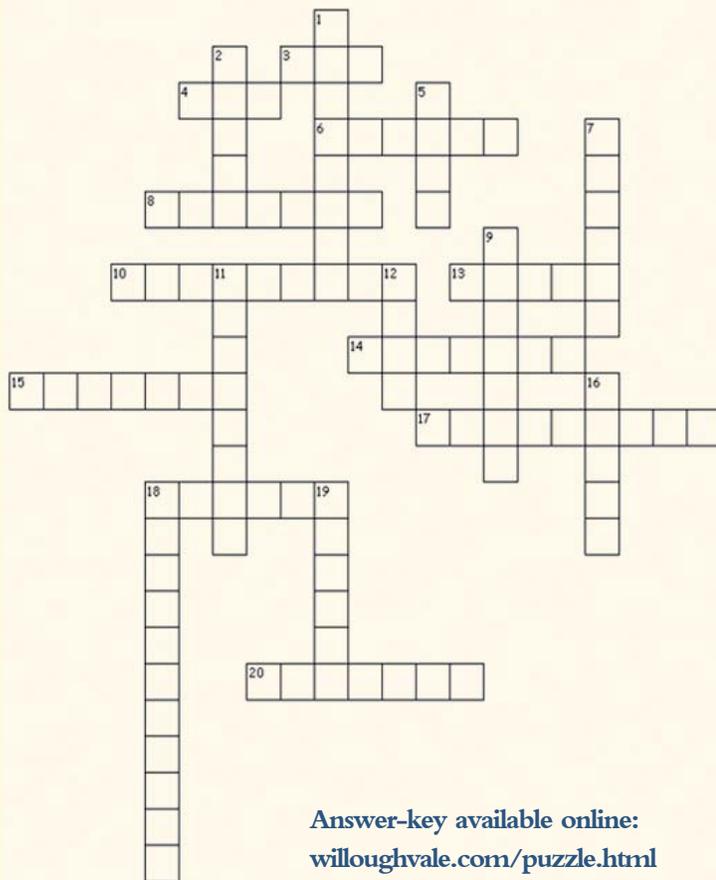


When the snow blankets the ground the Northeast Kingdom comes alive with activity for snow travelers. People of all ages are taken in by the lure of this backcountry highway.

For 36 years, the Vermont Association of Snow Travelers has provided organization and support to 140 local snowmobile clubs. Through the efforts of thousands of dedicated volunteers, VAST has established and has watched over the 5,000 mile-plus trail system.

Leisurely explore winding trails or take a 200-mile day trip that crosses lakes, pond and hillsides. Either way, you’ll find incredibly well-groomed, environmentally responsible trails that are well-marked with easy access from the WilloughVale Inn.

793 VT Route 5A
 Orleans, VT 05680
 800-594-9102 802-525-4123



Answer-key available online:
willoughvale.com/puzzle.html

WilloughVale Inn Crossword Puzzle

Down

1. The town where the Inn is located
2. Boat used on a lake or river
5. Month our country's independence is celebrated
7. Activity requiring pedaling to start
9. Lake Willoughby is located in this Vermont county
11. Activity that takes place in water
12. 2004 Democratic Presidential Candidate
16. Famous poet who stayed at the WilloughVale
18. This river creates Eastern border of the state
19. Vermont resident to be elected 21st President of the United States

Across

3. _____ & Jerry's
4. Name of WilloughVale dining room
6. State bird
8. State moto: " _____ & Unity"
10. Vermont's highest peak
13. _____ Mountain State
14. Ski resort located west of Lake Willoughby
15. The inn is located in Vermont Northeast _____
17. Famous Vermont hiking trail
18. Country just north of Lake Willoughby
20. Fourteenth state in the union

Visit the Green Mountain Inn in Beautiful Stowe, Vermont



The Green Mountain Inn, our sister property is located in Stowe just over an hour's drive from the WilloughVale Inn. As a gift, we'd like to offer you 10% off lodging, dining and massage if you book between June 15 - September 20, 2007.

Call 1-800-253-7302 or visit GreenMountainInn.com